
Graduation Requirements

- **4 Credits English Arts**
 - English 9
 - English 10
 - English 11
 - Two Semesters Senior English
- **3 Credits Social Studies**
 - Economics & Civics
 - US History & Geography
 - World History & Geography
- **4 Credits Mathematics**
 - Algebra I
 - Geometry
 - Algebra II
 - One Math or Math Related Course Senior Year
- **2 Credits Same World Language**
- **.5 Credit Health**
- **.5 Credit Fitness for Life**
- **3 Credits Science**
 - Foundations of Science
 - Biology
 - Chemistry or Physics or Anatomy
- **1 Credit Visual, Performing & Applied Arts**
- **4.5 Elective Credits**

**22.5 Credits are Required for High School Graduation*

FOUR-YEAR COURSE SELECTION PLAN

The Four-Year Course Selection Plan should reflect career goals and post-secondary plans as indicated on the student's Educational Developmental Plan (EDP).

9TH GRADE

1st Semester

- (1) English 9
- (2) Mathematics
- (3) Science
- (4) Civics
- (5) _____
- (6) _____

2nd Semester

- (1) English 9
- (2) Mathematics
- (3) Science
- (4) Economics
- (5) _____
- (6) _____

Required credit choices: World Language, Phys Ed, Health, Visual, Performing and Applied Arts.

Elective credit choices can be found in the Course Description Guide.

10TH GRADE

1st Semester

- (1) English 10
- (2) Mathematics
- (3) Science
- (4) U.S. History
- (5) _____
- (6) _____

2nd Semester

- (1) English 10
- (2) Mathematics
- (3) Science
- (4) U.S. History
- (5) _____
- (6) _____

Required credit choices: World Language, Phys Ed, Health, Visual, Performing and Applied Arts Elective credit choices, which can be found in the Course Description Guide.

11TH GRADE

1st Semester

- (1) English 11
- (2) Mathematics
- (3) Science (unless earned HS credit in 8th grade)
- (4) World History
- (5) _____
- (6) _____

2nd Semester

- (1) English 11
- (2) Mathematics
- (3) Science (unless earned HS credit in 8th grade)
- (4) World History
- (5) _____
- (6) _____

*limited zero hours are offered

Required credit choices: World Language, Phys Ed, Health, Visual, Performing and Applied Arts. Elective credit choices, which can be found in the Course Description Guide.

12TH GRADE

1st Semester

- (1) English 12 Electives
- (2) Mathematics
- (3) _____
- (4) _____
- (5) _____
- (6) _____

2nd Semester

- (1) English 12 Electives
- (2) Mathematics
- (3) _____
- (4) _____
- (5) _____
- (6) _____

*limited zero hours are offered

Required credit choices: World Language, Phys Ed, Health, Visual, Performing and Applied Arts Elective credit choices, which can be found in the Course Description Guide.

Student name _____

DATE _____

Parent signature _____

DATE _____

2016 Division I New Academic Requirements



Eligibility Center

*The Initial-Eligibility Standards for NCAA Division I
College-Bound Student-Athletes are Changing*

Division I

College-bound student-athletes first entering an NCAA Division I college or university on or after August 1, 2016, will need to meet new academic rules in order to receive athletics aid (scholarship), practice or compete during their first year.

What are the New Division I Requirements?

Full Qualifier	Academic Redshirt	Nonqualifier
Complete 16 Core Courses: <ul style="list-style-type: none"> • Ten of the 16 core courses must be complete before the seventh semester (senior year) of high school. • Seven of the 10 core courses must be in English, Math, or Science. 	Complete 16 core courses.	Does not meet requirements for Full Qualifier or Academic Redshirt status.
Minimum Core-Course GPA of 2.300.	Minimum Core-Course GPA of 2.000.	
Meet the sliding scale requirement of GPA and ACT/SAT score.*	Meet the sliding scale requirement of GPA and ACT/SAT score.*	
Graduate from high school.	Graduate from high school.	

* To view the sliding scales, please [click here](#).

Full Qualifier: A college-bound student-athlete may receive athletics aid (scholarship), practice and compete in the first year of enrollment at the Division I college or university.

Academic Redshirt: A college-bound student-athlete may receive athletics aid (scholarship) in the first year of enrollment and may practice in the first regular academic term (semester or quarter) but may NOT compete in the first year of enrollment. After the first term is complete, the college-bound student-athlete must be academically successful at his/her college or university to continue to practice for the rest of the year.

Nonqualifier: A college-bound student-athlete cannot receive athletics aid (scholarship), cannot practice and cannot compete in the first year of enrollment.

Examples

Q: A college-bound student-athlete completes nine core courses prior to the seventh semester of high school. What is the college-bound student-athlete's initial-eligibility status?

A: The college-bound student-athlete cannot be certified as a qualifier because only nine of the 10 required courses were completed before the seventh semester. He/she would be permitted to practice and receive aid (scholarship), provided he/she presents 16 core courses and meets the necessary core-course GPA and test score requirement at the time of graduation.

Q: A college-bound student-athlete completes 16 core courses in the required framework with a 2.200 core-course GPA and a 79 sum ACT. What is the college-bound student-athlete's initial-eligibility status?

A: The college-bound student-athlete is an academic redshirt under the new sliding scale because the minimum GPA requirement is 2.300. See [sliding scale](#), please [click here](#).

Q: A college-bound student-athlete completes 15 core courses with a 2.500 core-course GPA and an 820 SAT score (critical reading and math). What is the college-bound student-athlete's NCAA initial-eligibility status?

A: The college-bound student-athlete is a nonqualifier because only 15 core courses were completed, not the required 16 core courses.

For additional information on these requirements, please visit www.eligibilitycenter.org.

Testing Schedule Freshman through Senior year:

PSAT and SAT: (No signup or fees are required for these PSAT & SAT tests, it is taken care of through the school. This could change in the future, but applies for 2017-2018.)

Freshmen: All freshmen take the PSAT (a practice SAT) at school in April.

Sophomores: All sophomores take the PSAT (again, a second practice) in April.

Juniors: All juniors take the PSAT (to qualify for National Merit honors) in the fall.

All juniors take the SAT at school in April.

ACT Test: The ACT is now optional, students must sign up themselves (actstudent.org) and pay for the test themselves. Many students opt to take the ACT as well as the SAT, again it is optional and arranged by the student on line. Most Universities/Colleges will accept either the SAT or ACT score, it is up to personal preference whether you take both tests.

Additional SAT Tests: If a student wishes to take the SAT more than once, they can sign up at collegeboard.org. They must register and pay the fee for any extra SAT testing outside of the one offered at school.

To view and send test scores:

To view SAT scores: the student creates an account at: www.collegeboard.org
They can then access their test results once they are made available. They should get an email letting them know when scores are available.

To view ACT scores: the student creates an account at: www.actstudent.org
Students can view their scores there once available. They should receive an email letting them know when scores are available.

To send scores to Colleges/Universities:

All test scores should be sent by the student through either www.collegeboard.org (SAT) or www.actstudent.org (ACT). The SAT scores from the school administered date (spring of Junior year) are printed on the student transcript and some colleges accept this as an official score, but many require the student to have the scores sent from collegeboard.org or act.org. Your student should check with the individual colleges to be sure they receive the test scores they require.

Students log in (to act.org or collegeboard.org), click on send scores, select the college(s) and pay the fee required. **Please note: the school does not send test scores.**

FAMILIES STAY CONNECTED

SCHOOL MESSENGER: All school correspondence is sent via school messenger. You are automatically signed up and should be receiving emails. If you would like to change your settings or for more information please visit: <http://www.fhps.net/easternhs/>

IMPORTANT PARENT/GUARDIAN INFORMATION IS COMMUNICATED THROUGH FHPS NEWS **HOW TO SUBSCRIBE TO FHPS NEWS:**

1. Go to <http://www.fhps.net/easternhs/>
2. Scroll down, right side of page, click "Subscribe to FHPS News Updates"
3. Fill in your last name, first name and email address.
4. Click Subscribe
5. Go to your email inbox for an email from Eastern High News asking to "Please Confirm Subscription"
6. IMPORTANT: Open the confirmation email regarding your subscription and follow the directions.
7. You are done! You will receive emails once a week with FHPS District News.

POWERSCHOOL: Access to Current Grades, Attendance & Schedule

1. If you know your login information you can simply go to: <ps.fhps.net>
2. If you need instructions go to: www.fhps.net/newspost/parent-portal/
3. In 7th Grade, all Forest Hills Eastern parents received a letter with instructions on how to create a PowerSchool account to access student's grades. You will continue to use the same user name and password in high school.
4. If your Freshman student is new to Forest Hills Eastern this year or you have forgotten your log on information, please contact the help desk at the number below.

***POWERSCHOOL PARENT PORTAL HELP DESK: 616 493-8550**

COURSE DESCRIPTION GUIDE FOR EHS:

1. Go to www.fhps.net/high-schools/eastern/
2. On the right hand side, click on Counseling Office
3. Scroll down and under Useful Links: click on **Course Description Guide**

POWERSCHOOL: This is our computerized student records database where students can check their grades (and will occasionally have the ability to view and/or change their schedules). **Parent/Guardians can access PowerSchool, through the Parent Portal. (Students and Parent/Guardians will have separate logins for PowerSchool.)**

To access Parent Portal and set up your account, please do the following:

1. Make sure you have your unique login information that you should have received in the mail.
2. If you don't have your login information, please call (616) 493-8550 or email, parentportal@fhps.net for support.
3. [Login to Powerschool Parent Portal \(ps.fhps.net\)](https://ps.fhps.net)
4. Select "Create Account" at bottom of the page.
5. Enter the following information in the "Create Parent Account" section
 1. First name
 2. Last name
 3. Unique email account (or your personal email account)
 4. Unique username
 5. Password
6. Enter the following information in the "Link Students to Account" section.
 1. Student name
 2. Access ID (found in the account access letter mailed to you)
 3. Access Password(found in the account access letter mailed to you)
 4. Your relationship to the child (mother, father, guardian, etc.)
 5. Press Enter

Once your account is successfully created, you will be able to log in to the "Parent Sign In" screen using your new username and password. If you have any questions about the Parent Portal access or need technical support, please call (616) 493-8550 or email, parentportal@fhps.net.

NAVIANCE (also known as Family Connection): This is a website for students to complete interest inventories, research careers, research colleges, and to find helpful tools for building their resume and future planning. Freshmen are introduced to Naviance in the fall of their first year. Students use this site more in their last two years of high school and ultimately when applying for college all transcript and letter of recommendation requests are submitted through Naviance. Counselors work with Juniors (during class) on how to use Naviance in preparation for their senior year.

Student login=Student ID# Password=8 digit password issued in Sept. (students use the same password for both Naviance & Powerschool)

Parents/Guardians should view Naviance alongside the student on the student's account. We find this to be the most effective use of Naviance, as it encourages communication while teaching independence.