

FOREST HILLS EASTERN BASEBALL 2017

HAWK PRIDE

SUMMER CAMPS

Register Online @

<http://www.fhehawkcamps.com>

CHECK ALL THAT APPLY

☐ **Pitching and Catching Camp grades 1-10 (\$45) June 12 & 14**

This camp is designed for 1st-10th graders. The program directors will be FHE baseball coaching staff. Bring your glove and catcher's gear. In case of inclement weather, the camp will be moved to the FHE HS Gym.

Grades 1-5 9:00 AM- 10:30 AM Grades 6-10 10:45 AM – 12:15

☐ **Total Offense Defense Camp grades 1-5 (\$70) June 19-21**

Offensive Focus: Batting Approach, Mechanics, Bunting, Base Running, Hitting Drills

Defensive Focus: All Fielding Positions, Throwing Mechanics, Fielding Mechanics, Positioning

Grades 1-5 9:00 AM- 11:00 AM

☐ **Advanced Baseball Camp grades 6-10 (\$70) June 19-21**

Offensive Focus: Batting Approach, Mechanics, Bunting, Base Running, Hitting Drills

Defensive Focus: All Fielding Positions, Throwing Mechanics, Fielding Mechanics, Positioning

Grades 6-10 11:30- 1:30 PM

NAME: _____

ADDRESS: _____

PARENT / GUARDIAN NAMES: _____

GUARDIAN PHONE #'s: _____

EMAIL: _____

2016-2017 SCHOOL and GRADE _____

T-SHIRT SIZE _____

REGISTER BY JUNE 6TH TO ENSURE A T-SHIRT

QUESTIONS: CONTACT COACH IAN HEARN

616-826-8955

EMAIL: ihearn@fhps.net

