

FHE ATHLETICS

Grades 9-12 Winter Athletic Information

We are very excited to announce that the Forest Hills Eastern High School Athletic Department has partnered with FinalForms, an online forms and data management service. FinalForms allows you to complete and sign athletic participation forms for your students online. The most exciting news is that FinalForms saves data from season-to-season and year-to-year, meaning that you will never need to enter the same information twice! You will review your information once per school year to verify information is current and sign the forms.

To register your student-athlete, please go to: <https://foresthills-mi.finalforms.com>

A couple of hints:

1. Parents will need to fill in your student's email address. FinalForms requires that the student's @fhps.net email address is used. Obtain this from your son/daughter — it is their student ID number and @fhps.net. Your student will then need to check their email for information on how to complete their portion of the registration.
2. Please note once you register, you will receive an email to confirm your account, create a password, and then complete the required forms.
3. Attached is the [Forest Hills Parent Playbook](#) to help you with the online registration process.

Thank you for your assistance and support in streamlining our paperwork processes for Forest Hills Eastern High School Athletics. If you have any questions, please feel free to contact us in the athletic department at 616-493-8838:

Athletic Director - Ben Sherman bsherman@fhps.net

Athletic Secretary - JJ Jacobs jjacobs@fhps.net

Sport specific information is listed below. If you have any further questions please, contact the coach of the program (listed below). Coaches will be able to supply more detailed information.

Ice Hockey

Head Coach: Tom Bissett

Email: hockeyfhne@gmail.com

Tryouts start: Nov 2nd 5:00-6:20 PM &

Nov 3rd 4:00-5:20 PM at Patterson Ice Arena

Gymnastics

Co-op with FHC & FHN

Head Coach: Lauren Suzio

Email: laurensuzio0621@gmail.com

Tryouts: Nov 2nd-5th at GR Gymnastics 3:15-5PM

Girls Basketball

Head Coach: Danielle Harrison

Email: dharrison@fhps.net

Tryouts start November 9th

Competitive Cheer

Head Coach: Brittany Boomers

Email: bboomers@fhps.net

Tryouts: November 9th

Wrestling

Head Coach: Brian Maksimowski

Email: bmaksimowski@fhps.net

Practice Starts: November 16th

Bowling – Boys and Girls

Head Coach: TBD

Practice Starts: Nov 16th

Boys Basketball

Head Coach: Jason Yelding

Email: jyelding@fhps.net

Tryouts Start: Nov 16th

Boys Swim and Dive

Co-op with FHN

Head Coach: David Carson

Email: dcarson83@gmail.com

Practice Starts: November 23rd

Ski – Boys and Girls

Co-op with FHN

Head Coach: Chris Glasco

Email: Chris.Glasco@meijer.com

Practice Starts Nov 16th

Dance

Head Coach: Madison Weaver

Email: madisoncweaver@gmail.com

Tryouts Start: Oct 27th & Nov 3rd at

FHE Aux Gym 7:00-8:30 PM