

## Forest Hills Restorative Practices 2025 Survey Results

The purpose of this survey is to evaluate the implementation and impacts of Restorative Practices (RP) in Forest Hills schools. The survey was administered to 6th-12th grade students in November and December 2025. 956 students responded to at least one question.

**Q1. Please indicate your level of agreement with the following statements. Please mark one option for each row.**

Field	Disagree	Slightly disagree	Slightly agree	Agree
Adults in my school teach strategies that help resolve conflicts.	7%	14%	41%	38%
I use strategies for resolving conflicts in my relationships outside of school.	8%	11%	42%	39%
Adults in my school teach strategies that help set positive norms for student behavior.	4%	12%	35%	49%
Restorative Practices help build community in my classroom or school.	7%	17%	41%	35%
Adults in my school use "I" statements to express their feelings.	12%	21%	34%	33%
Adults in my school encourage students to use "I" statements to address conflict and repair harm.	16%	23%	35%	26%
Adults in my school encourage the use of circles to build community and trust.	19%	22%	30%	30%
My teachers use circles to help students get to know each other and build relationships.	20%	21%	36%	24%
Circles help to reduce conflict in my school.	29%	25%	32%	15%
When minor conflicts occur, adults in my school immediately work with students to resolve them.	12%	20%	34%	35%
Adults help students learn how to resolve conflicts in healthy ways.	7%	13%	38%	41%
When students make choices that cause harm to others, adults focus on their behavior and not whether students are "good" or "bad" people.	8%	16%	35%	41%
Circles help me feel closer to my peers.	28%	24%	31%	17%
When students make choices that cause harm to others, adults label these students as "troublemakers" or "problem students."	19%	23%	35%	23%

Field	Disagree	Slightly disagree	Slightly agree	Agree
Student behavior in my school is improving as a result of Restorative Practices.	14%	23%	44%	19%
I like being at school more as a result of Restorative Practices.	23%	23%	34%	20%
I feel safer at school as a result of Restorative Practices.	14%	19%	40%	27%
The way that students handle conflicts with adults is improving as a result of Restorative Practices.	13%	23%	40%	24%
The way that students handle conflicts with other students is improving as a result of Restorative Practices.	17%	23%	37%	22%

**Q2. Please mark the answer that best describes the frequency with which you feel each item happens.**

Field	Not at all	Rarely	Sometimes	Often
My teacher asks students for their thoughts and ideas when decisions need to be made that affect the class.	3%	11%	42%	44%
My teacher takes the thoughts and ideas of students into account when making decisions.	2%	11%	45%	41%
My teacher explains the reasoning behind decisions that affect students.	6%	16%	39%	40%
My teacher clearly states new expectations and consequences if expectations are not met.	3%	7%	31%	60%
Teachers use just enough praise and rewards; not too much or too little.	6%	16%	40%	38%
My teacher listens to what students have to say when they have misbehaved.	7%	17%	38%	37%
My teacher acknowledges the feelings of students when they have misbehaved.	7%	16%	40%	37%
My teacher encourages students to express their feelings.	6%	16%	37%	41%
My teacher avoids scolding.	9%	13%	39%	39%

Q3. Next, we would like to learn more about your behavior, experiences, and attitudes related to school. Please answer how often you did the following during the past 30 days. Please mark one option for each row.

Field	Almost never	Once in a while	Often	Almost all the time
I came to class prepared.	1%	2%	18%	79%
I remembered and followed directions.	1%	2%	35%	62%
I got my work done right away instead of waiting until the last minute.	3%	11%	38%	49%
I paid attention even when there were distractions.	3%	14%	49%	35%
I worked independently with focus.	3%	8%	40%	50%
I stayed calm even when others bothered or criticized me.	5%	12%	42%	40%
I allowed others to speak without interruption.	1%	6%	34%	59%
I was polite to adults and peers.	1%	2%	21%	76%
I kept my temper in check.	2%	5%	24%	69%

Q4. Please indicate how true each of the following statements is for you. Please mark one option for each row.

Field	Not at all true	A little true	Mostly true	Completely true
My intelligence is something that I can't change very much.	44%	27%	21%	8%
Challenging myself won't make me any smarter.	63%	20%	10%	7%
There are some things I am not capable of learning.	45%	30%	14%	11%
If I am not naturally smart in a subject, I will never do well in it.	64%	21%	9%	7%

**Q5. How confident are you about the following at school? Please mark one option for each row.**

Field	Not at all confident	A little confident	Mostly confident	Completely confident
I can earn an A in my classes.	4%	16%	38%	42%
I can do well on all my tests, even when they're difficult.	5%	20%	42%	34%
I can master the hardest topics in my classes.	9%	27%	33%	31%
I can meet all the learning goals my teachers set.	4%	15%	40%	41%

**Q6-13. During the past 30 days...**

Field	Not at all	Slightly	Very	Extremely
How carefully did you listen to other people's points of view?	2%	18%	65%	15%
How much did you care about other people's feelings?	2%	15%	58%	25%
How often did you compliment others' accomplishments?	3%	21%	50%	27%
How well did you get along with students who are different from you?	2%	14%	57%	26%
How clearly were you able to describe your feelings?	9%	40%	39%	13%
When others disagreed with you, how respectful were you of their views?	2%	18%	62%	18%
To what extent were you able to stand up for yourself without putting others down?	5%	26%	50%	19%
To what extent were you able to disagree with others without starting an argument?	7%	30%	45%	18%