

Forest Hills Public Schools
Achievement of Goals and Objectives, HIV/AIDS and
Adolescent/Reproductive Health
May 2022

Background Information

In 2018, Forest Hills Public Schools changed how we educated our 8th graders in reproductive health. We went from Willing to Wait to having our own health certified teachers, teaching our students. We also went from an abstinence only to an abstinence based curriculum.

Our 5th/6th grade adolescent curriculum did not have any changes. We made sure that everyone was using the same slides/curriculum to make it uniform across the district.

High school teachers worked on their slides/curriculum again so that it was uniform across our three high schools and made sure that it was inline with the 8th grade curriculum.

Objectives and Curriculum

Goal:

To provide students with the knowledge and skills to develop healthy relationships and to avoid behaviors that put students at risk.

Objectives:

- Provide age appropriate and engaging information to the target audience
- Provide current medically and scientifically accurate information
- Aligned with K-8 and 9-12 GLCEs for Health Education and Michigan Merit Curriculum for Health and Physical Education
- Advocate for abstinence as the only 100% effective way to avoid pregnancy, HIV and STIs

Grade 5

- Michigan Model for Health, Grade 5. 1 Lesson
- Just Around The Corner, girls/boys. Marshfilm Enterprises, Inc.
- Chatham County School's by the Chatham County Public Health Department and developed by the North Carolina School Health Training Center
- Some activities and wording are from Forest Hills Public Schools resources and Grandville Public Schools Reproductive Health Lessons.

| | Total School Enrollment | Students In Grade 5 |
|---------------------------------|--------------------------------|----------------------------|
| Central Woodlands | 460 | 232 |
| Goodwillie Environmental School | 103 | 52 |
| Knapp Forest Elementary | 595 | 107 |
| Northern Trails | 495 | 237 |
| Orchard View Elementary | 424 | 70 |

Grade 6

- Michigan Model for Health, Grade 6. 2 Lessons
- Straight Talk Puberty - Girls, Straight Talk Puberty - Boys. Marshfilm Enterprises, Inc.
- HIV/AIDS Educations, AIDS: Facts For Kids, Marshfilm Enterprises, Inc
- Chatham County School's by the Chatham County Public Health Department and developed by the North Carolina School Health Training Center
- Some activities and wording are from Forest Hills Public Schools resources and Grandville Public Schools Reproductive Health Lessons

| | Total School Enrollment | Students In Grade 6 |
|---------------------------------|--------------------------------|----------------------------|
| Central Woodlands | 460 | 228 |
| Eastern Middle School | 563 | 188 |
| Goodwillie Environmental School | 103 | 51 |
| Northern Trails | 495 | 258 |

Grade 8

- Michigan Model for Health - Growing Up and Staying Healthy Grade 7-8. 6 Lessons
- Making A Difference, activities (2016)
- HIV/AIDS Education, Understanding HIV and AIDS (2007) Human Relations Media

| | Total School Enrollment | Students In Grade 8 |
|------------------------------|--------------------------------|----------------------------|
| Central Middle School | 521 | 245 |
| Eastern Middle School | 563 | 197 |
| Northern Hills Middle School | 534 | 269 |

Grade 9-12

- Kent ISD Training, 11 Lessons
- Glencoe Health
- Magic Johnson - The Announcement (2014)
- HIV/AIDS Education, Understanding HIV and AIDS (2007) Human Relations Media
- Pam Stenzel - The High Cost of Free Love

| | Total School Enrollment | Students Who Have Taken Health SY 21-22 |
|----------------------|--------------------------------|--|
| Central High School | 1123 | 156 |
| Eastern High School | 814 | 149 |
| Northern High School | 1143 | 152 |

Evaluation Results

Both before and after the course, 8th grade students were given an anonymous survey regarding their knowledge of healthy relationships and behaviors. Students answered “true” to indicate that they agreed with each statement or “false” if they disagreed. The chart below illustrates the percentage of students who agreed with the statements in the pre-course and post-course surveys. In each instance, students showed an increase in their understanding of healthy relationships and behaviors.

| Survey Questions | % Agree Pre-Test | % Agree Post-Test |
|--|------------------|-------------------|
| I can name at least three sexually transmitted infections (STIs). | 40% | 96% |
| I can list three risky behaviors that put someone at risk for HIV and STIs. | 46% | 99% |
| I can demonstrate two good ways to communicate non-verbally. | 60% | 94% |
| I can list two reasons why I should wait to have sex. | 90% | 99% |
| I think abstinence is the ONLY 100% way to avoid an STI and unplanned pregnancy. | 27% | 95% |
| There is a law against having sex with someone under the age of 16. | 77% | 99% |
| There is no safe time of the month to have sex and avoid pregnancy. | 64% | 95% |
| Alcohol and other drug use increases the likelihood of participating in risky behaviors. | 94% | 99% |
| All contraceptives offer some kind of protection from STIs.* | 44% | 46% |
| I can tell if someone has Human Immunodeficiency Virus (HIV) by their appearance.* | 9% | 4% |

*For these two questions, the indication of knowledge of health behaviors was “false.” For all other questions, the indication was “true.” Therefore, for these two questions only, the low percentage of agreement among respondents indicates a relatively high level of knowledge before the course and the drop in the percentage between the pre- and post-surveys indicates an increase in knowledge after the course.

Next Steps

- Implementation of pre- and post-test for high school reproductive education
- Can a teacher add an activity to update the materials if it does not change the content? YES
- Making sure all teachers have attended the HIV training at KISD