

## Additional Tips for Families

As families prepare for this very exciting time, some additional ways to support your kindergarten age child include:

- Allow your child to dress him or herself
- Encourage your child to share with others
- Help your child use words to solve problems with others
- Read and talk to your child about books and stories
- Encourage your child to play and construct with Legos and blocks
- Help your child follow two-step directions, such as, "First put your toys away and then go brush your teeth."
- Encourage your child to use scissors, crayons, pencils, and glue



We Are Ready for  
*Kindergarten*

## Kindergarten Readiness

Kindergarten is an exciting time for children and families. In Forest Hills Public Schools, expert teachers and school staff are eager and ready to welcome incoming kindergartners by supporting each individual child in a smooth transition to formal schooling.

We know that all children develop in different ways and at their own pace. However, many families wonder if their child is ready for an all-day kindergarten program. Some readiness indicators that have been helpful benchmarks for families to consider as they prepare for a successful start in kindergarten include the following:

## Learning-Related Skills

- Is curious and interested in listening to stories
- Sits quietly for short periods of time
- Is able to manage own behavior



## Academic Skills

- Knows first and last name
- Recognizes name in print
- Recognizes some numbers
- Knows basic colors
- Recognizes some letters, especially those found in name
- Notices shapes

## Personal/ Self-Help Skills

- Dresses self independently
- Uses bathroom independently
- Washes hands independently
- Sneezes/coughs into elbow

## Social-Emotional Skills

- Shares with others
- Follows directions
- Separates from family members without becoming upset
- Solves problems and communicates through words

## For More Info

Please contact your neighborhood elementary school to learn more.  
[www.fhps.net/about-us/map/](http://www.fhps.net/about-us/map/)