

# Eastern Middle School Sports



## Girls Volleyball

August 25 – October 15  
7<sup>th</sup> & 8<sup>th</sup> Grades  
(Dates subject to change)



## Boys Basketball

October 20 – December 17  
7<sup>th</sup> & 8<sup>th</sup> Grades  
(Dates subject to change)



## Cross Country

August 25 – October 18  
6<sup>th</sup>-8<sup>th</sup> Grades  
(Dates subject to change)



## Track and Field

March 16 – May 15  
6<sup>th</sup>-8<sup>th</sup> Grades  
(Dates subject to change)



## Girls Basketball/Wrestling

January 3- March 5  
6<sup>th</sup>-8<sup>th</sup> Grades Wrestling  
7<sup>th</sup> & 8<sup>th</sup> Grades Basketball  
(Dates subject to change)

Eastern Middle School Athletics Website  
[www.fhps.net/middle-schools/eastern/athletics/](http://www.fhps.net/middle-schools/eastern/athletics/)  
616-493-8850

*Physicals must be on file and dated after April 15, 2025*



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Eastern Middle School  
Forest Hills Public School