



Forest Hills Public Schools COVID-19 Family Response Guide

As a nation, we are learning more about COVID-19 each day and guidance around COVID-19 is changing rapidly. We hope that this updated guidance will provide clarity regarding how to handle health situations with your student. Your cooperation will help to ensure that we do everything possible to protect the health of our students and staff.

Based on the chart below, a family's response to when they should and should not send their student to school falls into three categories: No symptoms, symptoms not concerning for COVID-19, and symptoms concerning for COVID-19.

Symptoms of COVID-19

Group A

Fever

Chills

Headache

Extreme tiredness/fatigue

Sore throat

Congestion or runny nose

Body aches

Nausea/vomiting or diarrhea

Shortness of breath

Group B

New cough

Loss of taste or smell

No Symptoms

If a member of your household is being tested for COVID-19, your child(ren) must stay home until a negative result is received for the person being tested. Otherwise, if your student does not show any of the symptoms and has not been exposed to someone who has tested positive for COVID-19, they may attend school.

Symptoms Not Concerning for COVID-19

If your student shows one of the symptoms under Group A and they are not being tested for COVID-19, the student must remain home until they are fever free for 24 hours AND their symptoms are improving.

If your student shows one of the symptoms under Group A, they are tested for COVID-19, and the test is negative, the student must remain home until fever free for 24 hours AND symptoms are improving. Household members, including siblings, who are healthy, may return to school as soon as the negative COVID-19 test result is received.

If your student shows one of the symptoms under Group A, they are tested for COVID-19, and the test is positive, the student must remain home in isolation for 10 days. Household members, including siblings, must quarantine at home and CANNOT attend school until released by the Health Department. A release letter from the Kent County Health Department must be provided to the school before the student can return.

Symptoms Concerning for COVID-19

If your student shows two of the symptoms under Group A OR one of the symptoms under Group B, the student must remain home and their medical care provider should be contacted to determine if there is an alternative diagnosis (e.g., positive strep test) or if a COVID-19 test should be administered.

If there is an alternative diagnosis, the student can return to school after fever free for 24 hours and there is improvement in their symptoms. A note from the medical care provider releasing the student to return to school must be provided to the school before the student can return.

If a COVID-19 test is administered, the student must remain home until results are received. Household members, including siblings, CANNOT attend school until the test results are received.

If the COVID-19 test is negative, the student must remain home until fever free for 24 hours AND their symptoms are improving. Household members, including siblings, who are healthy, may continue to attend school. Documentation indicating the negative test result must be provided to the school before the student can return.

If the COVID-19 test is positive, the student must remain home in isolation for 10 days. Household members, including siblings, must quarantine at home and CANNOT attend school until released by the Health Department. A release letter from the Kent County Health Department must be provided.