



Forest Hills High School PTO



VOLUNTEER FORM

There are many volunteer opportunities at the high school, and we hope you will consider supporting one or more of them! It is because of an incredible amount of help that we can make great events happen for students and staff.

Brief descriptions of our annual events are shared below. We will contact you to confirm your interest and availability approximately 4 weeks before each event.

Please complete this form and return it to the FHC main office by September 15th 2023, as event planning will begin soon for Homecoming. **THANK YOU FHC FAMILIES!**

Name _____

Address _____ City, Zip Code _____

Best Phone # _____ Home - Mobile - Work (please circle one)

Email (print clearly) _____

Student Name(s) and Grade(s) _____

VOLUNTEER OPPORTUNITIES (Please check all that you can help with)

- Homecoming Spirit Week (October)**
 - Donation towards needed items** - candy, gift cards, snacks, drinks, etc.
 - Donation of time during Spirit Week during lunch.**
- Academic Booster Events (First Semester)**
Essay Workshop, NHS Induction, College Admissions Panel – help with set up, check in, etc.
- Academic Booster Events (Second Semester)**
Practice ACT, Honors Breakfast, Post-Graduation Information Panel – help with set up, check in, etc.
- Senior Scholarships (April)** – help with reading essay entries and determining scholarship recipients
- Formal Dance Volunteer** - help with planning, ticket booth, coat check, serving refreshments, etc.
 - Homecoming Dance (October)**
 - Winterfest (February)**
 - Prom (May)**
- Fall Parent/Teacher Conferences (November)**
 - Donation towards needed items** – lunch foods, snacks, drinks, desserts, paper products, etc.
 - Donation of time during Fall Parent/Teacher Conferences** – help with set up, clean up, etc.
- Staff Appreciation Week (May)**
 - Donation towards needed items** – snacks, baked goods, gift cards, drinks, etc.
 - Donation of time during Staff Appreciation Week** – help with decorating, set up, clean up, etc.
- Spring Parent/Teacher Conferences (March)**
 - Donation towards needed items** – lunch foods, snacks, drinks, desserts, paper products, etc.
 - Donation of time during Parent/Teacher Conferences** – help with set up, clean up, etc.
- Call As Needed / Special Events** – TBD

If you have any questions about the PTO or volunteer opportunities, please contact Gail Zimmerer-Bonsall, PTO President, at sgzbonsall@aol.com or 203-623-3735.