

**2023 EMS
CROSS COUNTRY MEET SCHEDULE
7th & 8th GRADE**

9/12	Host: FHE	@	Forest Hills Eastern 2200 Pettis Ave
9/14	Fun Run Northview Color Run	@	Northview 4400 Ambrose NE
9/19	Host: Northview	@	Northview 4400 Ambrose NE
9/21	Rockford Invite	@	East Rockford Middle School
9/26	Host: FHN	@	Forest Hills Eastern 2200 Pettis Ave
10/3	Host: Kenowa Hills	@	Kenowa Hills between HS & MS 3950 Hendershot NW
10/10	Conference Meet Host: Wyoming	@	Wyoming 1350 Prairie Pkwy SW