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Website: www.fhps.net

Forest Hills Public Schools All Learners Achieving Individual Potential



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FHN Mathematics Teacher Named FHPS Teacher of the Year

"When I think of what makes a great teacher, it is someone who builds a rapport with students and it is someone who creates an atmosphere where students feel safe to try new things, provide answers, and become successful," said Jon Gregory, Forest Hills Northern High School principal, in reference to this year's Forest Hills Public Schools Teacher of the Year, Linda Sagorski.

"Linda builds relevance into all of her lessons, so students know the 'why' they have to know something, and she is a role model to her colleagues, students, and our families," Gregory continued.

Sagorski was recently honored as Teacher of the Year during the Forest Hills Public Schools Foundation's Gala event held in November at Frederik Meijer Gardens. According to Sagorski, the award was a complete surprise, because she thought she was attending the Gala as a representative of the Forest Hills Northern High School teaching team and those who have or will have a role in the district's new STEM (science, technology, engineering, and math) academy.

According to Gregory, every year the district, along with the Foundation, recognizes an individual who really is an ambassador chosen from the ranks of their colleagues to serve as a public face for the people who



Forest Hills Northern mathematics teacher, Linda Sagorski, assists AP calculus student, Joy Mecano, during class.

serve in education in Forest Hills. This year, that educational ambassador is Linda Sagorski.

"I was in complete shock," she said. "It was a complete surprise, and I'm so touched that my passion for teaching—doing what I love—and inspiring students, has led to this honor."

Sagorski has been teaching mathematics at Northern High School since 1987. She has a master's degree in educational technology (continued on page 4)

New FHPS Board Member Announced

With the retirement of Dr. Jim Fahner from the Forest Hills Public Schools board of education, the remaining board members went through an extensive and deliberate process in naming a new trustee. The board of education is pleased to announce and name Suzanne Callahan as a trustee on the FHPS board of education. Callahan will serve through the remainder of Dr. Fahner's term through December of 2016. Callahan and her husband, Jerry, have three children who attend Forest Hills Northern High School and Northern Hills Middle School. Callahan has served for over a decade in numerous volunteer roles in our schools. Additionally, she has been an adjunct faculty member at both (continued on page 2)



2015 - 2016 Board of Education

Front from left: Daniel Behm, superintendent; Douglas Josephson, president; Mary Vonck, vice president. Back from left: Martha Atwater, secretary; Walter Perschbacher III, treasurer; Suzanne Callahan, trustee; Michael Seekell, trustee; and Susan Lenhardt, trustee.

Mandarin Chinese and Spanish Immersion Kindergarten Programs Announce Enrollment Information and Upcoming Visitation Dates

Forest Hills Public Schools has two language immersion program opportunities for incoming kindergartners—Spanish and Mandarin Chinese. The FHPS Spanish immersion program has been in place for over 15 years, and the Mandarin Chinese immersion program is now in its eighth consecutive year. In fact, Forest Hills is among very few school districts in the nation which offers two language immersion programs, which are taught in the same building beginning in fifth grade.

There are two ways an incoming kindergartner from the Forest Hills district is accepted into a FHPS dual-language immersion program. One is through siblings currently enrolled as immersion students, and the other is the in-district lottery. Sibling registration began Nov. 30, 2015, and concluded Friday, Dec. 18, 2015. New student lottery registration begins Jan. 4, 2016, and ends Friday, Jan. 22, 2016.

Take a Tour!

Families interested in learning more about language immersion programs are encouraged to register for a school tour. The following are upcoming dates and times of the immersion program tours at each elementary school.

Chinese Immersion Program

Kindergarten visitation dates for the Mandarin Chinese immersion program at Meadow Brook Elementary School, 1450 Forest Hill Ave. SE, are:

- Monday, Jan. 11, 2016, from 1-2 p.m.
- Tuesday, Jan. 12, 2016, from 9:30-10:30 a.m.

To make a reservation for a visit, please call: 616-493-8740.

Spanish Immersion Program

Kindergarten visitation dates for the Spanish immersion program at Ada Vista Elementary School, 7192 Bradfield SE, are:

- Wednesday, Jan. 6, 2016, 1:30-2:30 pm.
- Monday, Jan. 11, 2016, 9:15-10:15 a.m.

To make a reservation for a visit, please call: 616-493-8970.



First grade teacher, Jie Zhou teaches a mathematics lesson to students (from top) Abigail Simpson, Abbie Aw, and Camryn Mittner.

"Whether a family's avenue is early-total Spanish immersion, or 50/50 immersion in Mandarin Chinese, there are pathways to bilingualism and bi-literacy through immersion education beginning in kindergarten," said Patrick Stecco, instructional coach for immersion education.

According to Stecco, kindergarten through 12th grade language immersion programming is designed intentionally, providing learners with time and intensity in a target language to encourage bilingualism and bi-literacy. Students experience daily core content instruction through the means of a target language. As part of this content instruction, students acquire skills unique to the target language, with the overarching goal of developing student performance and proficiency over time. This means that the language is not the sole content of instruction itself, but rather it serves as the vehicle through which content knowledge and skills are accessed and engaged.

"Putting our daughters in the Mandarin immersion program was a very easy choice for us," said Kelly Buth, a mother to three Forest Hills graduates and two students currently enrolled in the Mandarin Chinese immersion program at Meadow Brook Elementary School. "First, learning any second language is a benefit to children. Second, because speaking, reading and understanding Mandarin will benefit them as they enter adulthood and the work world. Our daughters, who are now in fourth and third grades will not only have a quality Forest (continued on page 4)

New Board Member

(continued from page 1)

Davenport University and Aquinas College, teaching in the areas of business and marketing. Callahan has been a long-time advocate for FHPS and public education.

Bond Update Eastern Auxiliary Gym Now Open

This month the auxiliary gym on the campus of Forest Hills Eastern middle and high schools opened to students. The gym will serve as an additional space for both athletic and educational purposes. The project was made possible due to the generosity of Forest Hills residents and their approval of a \$45 million bond issue in 2013.



The auxiliary gym is now open on the Forest Hills Eastern campus.

Video Now Online: "Life Happens ... Navigate the Emotions of Change"

Last month, the district hosted a free community event called, "Life Happens ...

Navigate the Emotions of Change," and it featured Nancy Colflesh as a keynote speaker. If you were unable to attend the event, a copy of Colflesh's keynote presentation is online. Go to, www.fhps.net, click on the "Families" tab and then "Mental Health Information." The event was organized by the Forest Hills Public Schools parent group for the Awareness, Acceptance, and Advocacy of Mental Health and was underwritten by a grant from the Forest Hills Public Schools Foundation.



Upcoming District Events

Calendar Listing of Community-Wide School Events

J	a	n	u	a	ŋ	y

January 4	School Resumes
January 4	Chinese and Spanish Immersion Kindergarten Pre-Registration Begins, Meadow Brook and Ada Vista Elementaries
January 6	Spanish Immersion Kindergarten Tour, 1:30 - 2:30 p.m., Ada Vista Elementary
January 6	Financial Aid Informational Night, 6:30 p.m., FHE Auditorium
January 11	Spanish Immersion Kindergarten Tour, 9:15 - 10:15 a.m., Ada Vista Elementary
January 11	Chinese Immersion Kindergarten Tour, 1-2 p.m., Meadow Brook Elementary
January 11	GLI Family Alliance Movie Screening of "Selma," 6:30 p.m., FAC
January 12	Chinese Immersion Kindergarten Tour, 9:30 - 10:30 a.m., Meadow Brook Elementary
January 12	Learning Café "Music by Christopher Sloan," 12 p.m., Community Services Building
January 12, 13	Central Woodlands Fifth-Grade Music Program, 7 p.m., FAC
January 14	Theresa Bravata Artist Reception, 6 p.m., FAC
January 15	Forest Hills Northern Presents "Disney's Frozen Sing-Along," 7:30 p.m., FAC
January 18	Collins Elementary School Martin Luther King Celebration, 9 a.m., Collins Gym
January 18	Board of Education Meeting, 7 p.m., Forest Hills Central High School
January 19	Traditional Preschool Open House, 6 - 7:30 p.m., Knapp Forest and Ada Elementaries
January 20	Spanish Immersion Preschool Open House, 6 - 7:30 p.m., Ada Vista Elementary
January 20, 21	Northern Trails Fifth-Grade Music Program, 7 p.m., FAC
January 22	Chinese and Spanish Immersion Kindergarten Pre-Registration Ends,
	Meadow Brook and Ada Vista Elementaries
January 23	FHC Random Acts of Talent, 7:30 p.m., FAC
January 26	K-6 Students Full Day/Exams: 7-12 Students Half Day a.m./7-12 Record Marking p.m.
January 26	FHPS Foundation Business Advisory Council Business Breakfast, 7:30 a.m.,
	Watermark Country Club
January 27	K-6 Students Full Day/Exams: 7-12 Students Half Day a.m./7-12 Record Marking p.m.
January 28	K-6 Students Half Day / Exams: 7-12 Students Half Day a.m.

Ada Bright Beginnings Playgroup, 9:30 a.m., Ada Elementary

FHPS Community Services Presents "An Evening in Paris" Dance, 7 p.m. - 9 p.m.,

No School for K-12 Students/End of Semester

Frederik Meijer Gardens and Sculpture Park

February

February 24-25

February 24

February 25

February 25

February 26

February 29

January 28

January 29

January 29

February 2	Northern's Got Talent, 7 p.m., FHN Auditorium
February 2	Orchard View Third-Grade Music Performance, 7 p.m., FHE Auditorium
February 4	FHE Community Blood Drive, 7:30 a.m 3 p.m., FHE Gym
February 4, 5, 6	Forest Hills Eastern Presents "Once on This Island," 7:30 p.m.; also Saturday Matinee, 3 p.m., FAC
February 5	Ada Reader Night, 6:15 p.m 8:30 p.m., Ada Elementary School
February 6	District-Wide French Carnival, 8 a.m 1 p.m., FHN Commons and Gyms
February 9	Learning Café "The Power of Singing," 12 p.m., Community Services Building
February 10	Student Count Day
February 11	Georgia Tardy Artist Reception, 6 p.m., FAC
February 11	Knapp Forest Second-Grade Musical, 7 p.m., KF Gym
February 15	No School for Students; Mid-Winter Break/Staff Professional Learning
February 15	Board of Education Meeting, 7 p.m., Ada Elementary School
February 16	NHMS/FHN Jazz Coffee House Concert, 7 p.m., FHN Commons
February 17	Film "Most Likely to Succeed," 6:30 p.m., FAC
February 23	Symphony Orchestra Masterworks Concert, 7 p.m., FAC

Concert Orchestra Soiree, 7 p.m., FAC

Registration 9 a.m. - 3 p.m., CW Gym High School Band Festival, All Day, FAC

For the most up-to-date calendar of school events, visit the district's website: www.fhps.net.

Central Woodlands 5/6 School Relay for Life, All Day, CW Gym

Northern Trails 5/6/NHMS/FHN Collage Band Concert, 7 p.m., FAC

Central Woodlands 5/6 School, Community Blood Drive and Bone Marrow

Ada Bright Beginnings Playgroup, 9:30 a.m., Ada Elementary

Publication information:

The Forest Hills Public Schools' "Focus" newsletter is published bimonthly during the school year by the FHPS Board of Education. It is mailed to all residents of the Forest Hills Public Schools district, and additional copies are sent to every district school for distribution to staff, new residents, and visitors. FHPS is committed to a policy of nondiscrimination in all its programs in relation to race, religion, sex, age, national origin, disability and genetic information.

FHE Theatre Presents "Once on This Island"

February 4, 5, and 6, at 7:30 p.m. February 6, 3 p.m.

Forest Hills Fine Arts Center



This calypso-flavored story has been linked with stories like "The Little Mermaid" and "Romeo & Juliet." Over 45 students from Eastern High School are involved in this colorful, delightful, and get-up-

and-dance musical. "Once on This Island" is a story about love between a poor girl and rich boy from the other side of the island. This family-friendly production delivers melody, love, and joy in tropical abundance.

Tickets are \$9 for adults, \$7 for students 18 and younger. Visit the FHE theater website, www.fhetheatre.com to purchase tickets or for more information.

FHC Junior Obtains Perfect Score on ACT

Forest Hills Central High School junior, Nicholas Ettinger, earned a top composite score of 36 on the ACT test which he took this past September. Nationally, while the actual number of students earning a composite score of 36 varies from year to year, on average, less than one-tenth of 1 percent of students who take the ACT earn the top score. The ACT consists of tests in English, mathematics, reading and science. Each test is scored on a scale of 1-36, and a student's composite score is the average of the four test scores. ACT test scores are accepted by all major U.S. colleges. Ettinger is the son of Daniel and Catherine Ettinger.

Cover Photo

The Forest Hills Public Schools Mandarin Chinese immersion program is now in its eighth year. Pictured here are second-grade teacher, Yanbo Chen, with students (from left) Rosa Cebelak, Ella Zhou, Edward Wuerthele, Luca Enrico and Mogir Rofick, as they read a book together.

Read more about our language immersion programs starting on page 2.

Immersion Programs

(continued from page 2)

Hills educational experience, but they are also learning to read, write and converse in Mandarin Chinese from native Chinese teachers. We strongly feel that a Forest Hills Public Schools education is something in which we can be proud, and the Mandarin component is simply a huge bonus."

"Teaching Spanish immersion is to open two doors to the world to my students," said Spanish immersion first-grade teacher Edna Rico. "As a native speaker of Spanish, I can give my students the opportunity to expand their vocabulary. It's really fascinating to see that a mind so young can grow so much in the second language in so little time. The students grow up loving Spanish and other cultures with the possibility of learning a third language."

According to Nancy Susterka, principal at Northern Hills Middle School, both immersion programs provide exceptional instruction and educational opportunities. "Both programs have added to the rich and high quality instructional programs at Northern Hills Middle School," Susterka said. "All students have individual gifts; however, the benefits of a second language have been observed in multiple ways for our immersion students. They have sophisticated verbal skills, enhanced creativity, exceptional cognitive abilities—all of which are advantages of language immersion programs.

"We are very proud of our students, parents, and teachers," Susterka continued. "The benefits of these programs will positively impact these students for years to come."

Students who are accepted into the Mandarin Chinese immersion program attend school, kindergarten through fourth grade, at Meadow Brook Elementary School. Students who are accepted into the Spanish immersion program attend school, kindergarten through fourth grade, at Ada Vista Elementary School. Following elementary school, the immersion programs continue through the Northern side of the school district, and students progress through Northern Trails 5/6 School, Northern Hills Middle School, and Northern High School.

For additional information about the Mandarin Chinese and/or the Spanish immersion programs and enrollment guidelines and forms for kindergartners, please visit our website: www.fhps.net/immersion.

FHPS Teacher of the Year

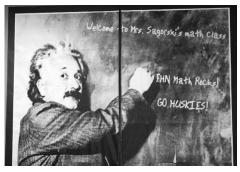
(continued from page 1)

from Grand Valley State University, and a bachelor's degree in engineering from Michigan Technical University. She received her teaching certificate from the University of Wisconsin at Green Bay in mathematics and computer science. Prior to becoming a teacher, she worked for four years as a civil engineer.

"It's been awhile since I left Forest Hills Northern," said Rob Olsen, FHN principal from 1985-1991. "School administrators are often measured by people they surround themselves with and people of whom they hire. In my third year there, in 1987, I was fortunate to be among the team to bring a new teacher into our math department, and that was Linda Sagorski. Linda had exactly what we were looking for: brains, great content knowledge, a strong work ethic, and most importantly, a dedication to kids rather than subject matter."

Gloria Graber, FHN principal from 1992-2003 echoed Olsen's comments. "I can't think of another person that I know, that relates to students as well as Linda does," Graber added. "She loves teaching mathematics, and has an incredible ability to relate to everyone. Linda truly has a special quality and I am so honored to have been able to work with her."

Sagorski has touched so many individuals during her tenure at FHN, including colleague and English teacher, Jennifer Kigar. "I've had the privilege of teaching with Linda for all of my 25 years of teaching at Forest Hills Northern High School," Kigar explained. "She has been an inspiration to me as a teacher and countless students over our years together. It wouldn't matter the content that Linda teaches, she is able to reach students and share with them her passion.



This poster of Albert Einstein has graced Linda Sagorski's mathematics classroom for years. She says the poster is not only fun, but inspiring.

"There are countless students from years past that come back and talk about the impact she has made on their lives," Kigar added. "That is what a master teacher does, and that's Linda Sagorski."

"Sagorski always puts students first," added Gregory. "You can tell she has a special gift which helps bring out the best in every one of her students in every class she teaches."

Anu Paul, a senior at FHN and president of the National Honor Society, confirms what Gregory says. "Mrs. Sagorski has inspired me, motivated me, and encouraged me every step of the way," said Paul, who had Sagorski her freshman year for Algebra 2. "I was lucky enough to have her for Advance Placement calculus and she made such a difference. I walked out of the AP exam feeling so confident. She has made such an impact on my education, and math is second nature to me because of her."

"Sagorski's impact on students and colleagues is immense," concluded Dan Behm, superintendent. "She is a master teacher and cares deeply about every student in her care. Linda will serve as a wonderful ambassador for the hundreds of outstanding educators across our district."



Linda Sagorski (center) is the 2015 Teacher of the Year for Forest Hills Public Schools. She has been a mathematics teacher at Forest Hills Northern High School for 28 years. She's pictured here with her students from her fifth-hour AP calculus class.

Northern Hills Middle and Ada Vista Students Share Cultural Experiences

According to Jesus Santillian, principal of Ada Vista Elementary School, the Forest Hills Public Schools language immersion programs are always looking for opportunities to involve students in authentic language and cultural experiences. Last month, the entire seventh-grade Spanish immersion class from Northern Hills Middle School returned to Ada Vista Elementary School to visit with the fourth graders. In this authentic language and cultural experience, the students shared interpersonal conversations in Spanish about Thanksgiving traditions. For lunch, invited guests from Supermercado Mexico presented traditional ingredients and methods for making burritos. The seventh- and fourth-grade students then worked together to create their own burritos. All parts of the activity were conducted in Spanish providing an opportunity to practice conversational and content-related Spanish vocabulary. This event was planned and coordinated through the cooperation of the Spanish immersion parent advisory committee, teachers, school principals, and the community.



Northern Hills Middle School student, Eli VanderKolk, works with Ada Vista Elementary student, TJ Silvernale on a joint Thanksqiving project.



Ada Vista fourth-graders (from left), Sophia Bird and Ella Carlson write about Thanksgiving traditions with Northern Hills Middle School student, Anna Fay.

Snow, Ice, Windchills and School Closings

Living in Michigan, snow and ice are inevitable. It's important that you're informed of school closings and delays. When weather conditions or utility problems cause a change in the school day schedule, radio and television sites are notified immediately, and parents are encouraged to use these primary sources for information. Additional sources to check include the district's website, www.fhps.net, the district's Facebook page, and other email systems, such as SchoolMessenger, you may have signed up for to receive news and information.

When school is closed due to winter weather conditions, after-school activities for the day typically will be canceled at all levels unless specified otherwise. Also, all Community Services classes held for youth and adults are canceled when school is closed.

But snow and ice aren't the only things that may cause school closures in Forest Hills, as experienced in previous years with the extreme windchills. As a general guide, school superintendents in West Michigan, in consultation with the National Weather Service, many years ago developed a marker of a sustained windchill reading of -30 (F) as the boundary for school closure and/or event cancellation. Although it is extremely rare for our region to experience sustained windchill readings at this level, it has occurred. At this windchill reading, the time children would reasonably wait at a bus stop opens up the chances for frostbite and other health complications. Forest Hills administrators watch weather conditions and temperatures very carefully each morning.

Regardless if windchill readings necessitate a closing or not, we do know that Michigan's winters can be frigid. Always remember to make sure you and your children are prepared for unusually cold temperatures these coming months and stay up to date with information from local news media stations and the district's website.

Gone Boarding Class Expands to All High Schools, Elementary Schools

They're getting fit and working on their core strength, but students at Forest Hills elementary schools aren't even thinking about it because they're having too much fun.

A partnership between Forest Hills Eastern High School's Gone Boarding class and Burton Snowboards has made it possible for elementary students to use snowboard-like equipment to work on balance, strength and movement skills.

The partnership started last year when high school students at Forest Hills Eastern High School traveled to Burlington, Vt., the hometown of Burton, at the invitation of Burton executives.

The leadership of the company was impressed with the innovative Gone Boarding curriculum where students design, make and use snowboards, surfboards and skateboards. It was the brainchild of physical education teacher, Bill Curtis, and industrial arts teacher, Bruce Macartney.



During the meetings with Burton and FHE, a plan was developed to combine elements of the high school program with an existing Burton educational initiative geared toward students in kindergarten through second grade.

Last year, FHE students took the program to Orchard View and Knapp Forest elementary schools. This year, the three-week course will be taught in gym classes at all eight of the Forest Hills elementary schools with the help of the high school students involved in the Gone Boarding curriculum at Forest Hills Central, Northern, and Eastern high schools.

In addition to the strength and skills the kindergarten-through second-grade students

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Visible Thinking Takes Hold Throughout Central Woodlands

Central Woodlands 5/6 School principal, David Simpson, recently was a presenter at the Michigan Elementary and Middle School Principals Association's annual state conference. The presentation was about Visible Thinking in schools, and more specifically how Visible Thinking is taking place at Central Woodlands 5/6 School.

Visible Thinking includes attention to four "thinking ideals": understanding, truth, fairness, and creativity.

According to the website, www. visiblethinkingpz. org, Visible Thinking is a flexible and broad framework that can enrich classrooms and foster intellectual

development. Some of the key goals of Visible Thinking include:

- Deeper understanding of content;
- Greater motivation for learning;
- Development of learners' thinking and learning abilities;
- Development of learners' attitudes toward thinking and learning; and
- A shift in classroom culture toward a community of enthusiastically-engaged thinkers and learners.

According to Simpson, Visible Thinking is a cultural shift that is happening in every classroom, and even in the hallways of the school. In fact, certain bulletin boards and hallway spaces are dedicated for students to share their thinking and ideas. "It's a safe way for students to explore ideas, think 'outside the proverbial box' and see how others are thinking too," Simpson added. "It's been a positive part of our school culture, and it's exciting to see students and staff think together and bring more meaningful dialogue and connections between school and everyday life."

To learn more about Visible Thinking and what's happening at Central Woodlands 5/6 School, visit their website: www.fhps. net/centralwoodlands, or https://vimeo.com/147465744.



Pictured here is an example of Visible Thinking at Central Woodland 5/6 School of a teacher looking for feedback and understanding of students' thought processes about forces and motion

Collins Gives Back



Collins Elementary School students along with the assistance from their parent teacher organization helped make Thanksgiving a little nicer for local families. Together they were able to provide 25 complete turkey basket dinners to families from Buchanan Elementary School. They also were able to purchase an additional 25 turkeys and Meijer gift cards for families. Pictured here, Collins Elementary School principal, Mitchell Balingit, and Buchanan Elementary School principal, (second from left) Evelyn Ortiz, and Collins' parents work together to sort the donated dinner baskets.

Families Invited to Attend

Film "Most Likely to Succeed" to Be Shown on Feb. 17

A few months ago, Kent Intermediate School District hosted a screening of the film "Most Likely to Succeed" at Celebration Cinema North. Forest Hills Public Schools superintendent, Dan Behm, along with some Forest Hills students took part in a panel discussion following the event. The movie and discussion were so valuable to those who attended, that the movie will be shown for the community at the Forest Hills Fine Arts Center, Wed., Feb. 17, at 6:30 p.m.

According to Ron Koehler, KISD superintendent, it's an engaging film that poses this question: Our schools were designed at the turn of the 20th century by business and educational leaders to prepare workers for the mass production of products. Can these schools prepare today's students for the jobs of tomorrow?

Those in attendance at the fall viewing of the movie all agreed that it was a thoughtprovoking film. "There was great dialogue about education organized around rote memorization in a world of search engines, the critical thinking and problem solving skills required in today's workplace, and the failings of an accountability system built on the standardized test," Koehler added.

"We were so impressed by this film and the conversations that occurred following the event, that we're bringing it to the Forest Hills community," Behm said. "It sheds an interesting light on the educational system and helps us, as a community, to think what an educational system could, and possibly, should look like.

"Here in Forest Hills we are doing many innovative things in our classrooms and schools, and we're always exploring new opportunities, resources and ways to bring about meaningful, rewarding, and educational environments for all of our students," Behm continued. "We hope our families and residents are able to join us in February to take part in viewing this important film and participate in this meaningful community forum."

To learn more about the film, "Most Likely to Succeed," visit www.mltsfilm.org.

FHE Middle Schooler Recognized as a High Achieving Talented Student

Drew Wynn, an eighth-grade student at Forest Hills Eastern Middle School is one of Michigan's high-achieving middle school students. He was honored this fall at an annual statewide awards ceremony to recognize the top-scoring students who participated in Northwestern University's Midwest Academic Talent Search. The students recognized received extremely high scores on a college entrance exam, either the SAT or ACT, or both, while in sixth, seventh, or eighth grade. Wynn is the son of Charlie and Deanna Wynn.

Salmon in the Classroom Comes to Pine Ridge for the Second Year

Students Receive Hands-On Science



Christopher Streit, fourth-grade student at Pine Ridge Elementary siphons the water in the fish tank.

It all began last fall when Pine Ridge Elementary School teachers, Jacob Lloyd and Liz Miller spent the day at Wolf Lake State Fish Hatchery Visitor Center in Mattawan, Mich. They were among the attendees at an all-day training seminar organized by the Michigan Department of Natural Resources for teachers participating in a grant program through the Michigan DNR called Salmon in the Classroom.

According to the DNR's website, Salmon in the Classroom is an educational opportunity which grants third-grade and older students the opportunity to raise, care for, and maintain salmon in their classroom from fall until spring. Students and teachers nurture and take care of the salmon, from eggs, to hatchling to smolt. The program ends each spring when the students release the young fish into their local watershed that feeds into one of Michigan's Great Lakes.

This is the second year for Pine Ridge students to participate in the DNR project. According to Miller, right now their salmon eggs are hatching. "We have a ton of little sac frys swimming around at the bottom of our tank," Miller said. "We are excited to see what this year brings."

In addition to raising the salmon, the students will write blog posts, collect and analyze data, examine water quality, and study various life cycles. Some of the other schools participating in the program include Goodwillie Environmental 5/6 School, Northern Trails 5/6 School, and Eastern Middle School.

It's Full STEAM Ahead for Educational Opportunities at Orchard View

Many have heard of STEM education which stands for science, technology, engineering and math. Most recently, Forest Hills Public Schools implemented a STEM Academy at Forest Hills Northern High School for students interested in these areas of study. But what's STEAM education? Think of STEM education and add an "A" to it for "Art." Now you have a program that's taking hold in elementary classrooms at Orchard View Elementary School.

It's a collaborative effort among Orchard View teachers, but spearheaded by art teacher, Stephanie Cionca. It's an approach to teaching in which students engage in a creative process that connects an art form to STEM subjects to meet established objectives in all five subject areas. According to Cionca, students create artistic products which they construct and then demonstrate their understanding of real-world problems or solutions through the art form.

Cionca says STEAM is new and many ask why integrate the arts? She replies that art helps to solve problems and engage students in higher-level thinking skills. She also says that with art, students are able to express personal experiences, perceptions and understandings. "Art can challenge conventional thinking and generate new questions and ideas," she said. "Art can reveal new possibilities for science, engineering, technology and math. Art can also develop the aesthetic skills needed to be successful and marketable in STEM careers."

With STEAM education, Orchard View teachers and students are collaborating together and learning alongside one another. For example, fourth-grade students created scaffolding in art class, but discussed principles of architecture and mathematics in their homeroom classes, and then wrote about the process. Students also studied real-life applications of scaffolding and read about scaffolding collapses in Houston and Johannesburg and brainstormed on how to build better scaffolding. Fourth-grade students also created pixelated proportional portraits in art class inspired by the popular game Minecraft. Then they used their pixelated portrait to practice the math concepts of area and perimeter.

During another lesson, fifth-grade students were studying bugs as one of their science

lessons, so in art class, the students designed a three-dimensional insect that was scientifically accurate.

"This is such higher level thinking," said Laurie Gibson, Orchard View Elementary School fifth-grade teacher. "This project could easily take the place of a traditional assessment if students were to write about an insect, identify its parts and how it works, and it could also work as a writing assessment. We are meeting needs in multiple content areas."

Ted Czarnecki, sixth-grade teacher, agrees with Gibson. "Students can make real-life connections with STEAM education," he said. "They can create, connect, comprehend, and even carry their learning experiences with them and apply what they've learned to multiple applications."

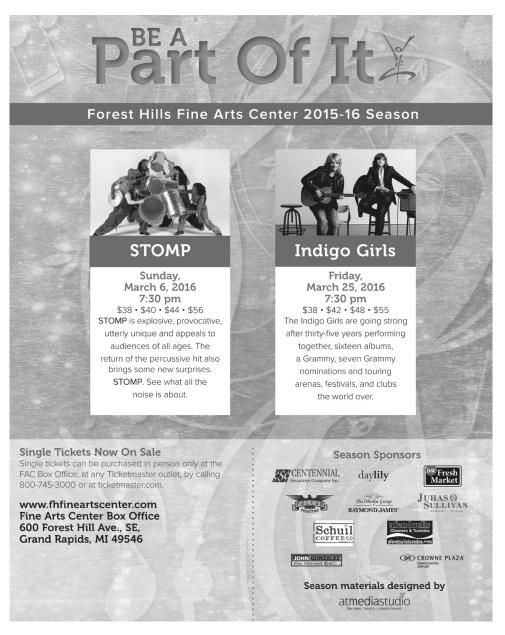


After learning about the rock cycle in science class, students compared the rock cycle to the ceramic process. Sixth graders studied photographs of fossils to plan their design. Next, they rolled out a slab to construct their plate and incised their design into their clay. After their plates were bisque fired, they glazed their plates and they were fired again. Pictured here (from left) are Aiden Lukaart, Gabriel Bogart, and Manuel Rose.

"It's exciting to see how our students are looking at art, math and science in new ways," said Amy Burton-Major, principal, Orchard View Elementary School. "It's enhancing our culture of learning at Orchard View and it's exciting to see STEAM education take off."

According to Cionca, there are limitless opportunities for the future of STEAM education. For students at Orchard View, some of the things they are exploring include: engaging in city planning using Minecraft; exploring heat loss and insulation in buildings using thermal camera apps; researching solutions to real-world problems; and perhaps facilitating the collaboration of STEAM education between classes, other schools, and other districts.

Forest Hills Fine Arts Center



Upcoming Artist-in-Residence Exhibits

Theresa Bravata

Paintings
Jan. 8-29, 2016

Artist's Reception: Jan. 14, 6-7 p.m.



Georgia Tardy

Paintings and Drawings

Feb. 1-26, 2016

Artist's Reception: Feb. 11, 6-7 p.m.



Presenting Sponsor for the 15/16 Exhibit and Artist-in-Residence Program:



AIR/Exhibit Supporting Sponsors:











Gone Boarding

(continued from page 5)

are learning, several of the high school students will be assisting in the gym, helping the next generation navigate the various games and skills that are part of the program.

"Anytime you get the opportunity to bring high school kids to reach down into elementary classes to build and work on mentoring, it can be very positive for the school district," Curtis said.

But it doesn't end here. The elementary students will have the opportunity to participate in a free on-snow event at Cannonsburg organized by the Gone Boarding students in partnership with the Ride School staff at Cannonsburg.

To learn more about the Gone Boarding class and its impact on students throughout the district, visit the Gone Boarding's You-Tube video at: https://www.youtube.com/watch?v=ASEOEsUrurE&authuser=0.

High School Students Visit Health Science Early College Academy



Students from all three Forest Hills high schools recently participated in an interactive day at the Downtown Market while visiting the Health Science Early College Academy. This program was available to all juniors and seniors who are interested in pursuing a career in medicine. Students were exposed to many career opportunities that fall under therapeutic healthcare professions and diagnostic healthcare professions. For inquiries regarding this program, contact Cindy Urban, FHE counselor, at curban@fhps.net or call 616-493-8831. Pictured here is Victoria Marvin (left), Forest Hills Central High School sophomore, practicing the skill of a phlebotomist by performing a blood draw to test glucose and hemoglobin levels.



December 2015/January 2016

Thank You!

Thank you to everyone who has contributed to the Forest Hills Public Schools Foundation during the 2015 calendar year. We are grateful for your gift. Each gift supports academic excellence in Forest Hills and helps us provide individual teacher grants throughout the year. The Forest Hills Public Schools Foundation recently distributed over \$70,000 via their fall grant cycle. A list of the grants that were recently awarded is highlighted below.

Extraordinary Circumstances: Set of books, Forest Hills Eastern High School

Concrete Planet: Set of books, materials, Forest Hills Eastern High School

K-5 Math Manipulatives: Math card decks, Administration Building

Makerbot: 3D Printer for STEM projects, Northern Hills Middle School

Book Love: Library of novels, Forest Hills Eastern High School

GLI Middle School Book Sets: Multicultural reader collection, Central Middle School

Fountas & Pinnell Level Literacy Intervention: Leveled literacy intervention system, Orchard View Elementary School

Science Lab Equipment: Electronic scales, Central Middle School

Forest to Fuel: Biofuel chemistry kit, Forest Hills Eastern High School

Discovery Design Thinking Workshop: Forest Hills Eastern High School

How to Get Ahead in the USA: Career fair, Forest Hills Northern High School

Makerbot Z18 3D Printer: Second 3D printer, Forest Hills Central High School

Successful Gala

The Foundation Gala event was not only a special evening for the students, staff, families and community members who attended, but it raised well over \$100,000 to support teachers, staff, and students, and all areas of academic excellence in our schools. All Support our Schools initiatives were funded including, but not limited to, subscriptions for all schools to access the Jr. Library Guild,

Merging Three Best Instructional Practices:

Professional texts for teachers, Administration Building

Engineering 101: Materials and books, Collins Elementary School

Reading Assessment Kit: Handbooks, texts, Meadow Brook Elementary School

Classroom Libraries: Library of novels, Forest Hills Northern High School

Modeling in Chemistry: Equipment, Forest Hills Central High School

Team Visit to Bemis Elementary: Observe Visible Thinking routines in classrooms, Ada Elementary School

Place-Based Education: Teacher training, Central and Eastern Middle Schools

Google Boot Camps: Professional learning, Administration Building

Spheros for Project Gemini: Robotic balls, Knapp Forest Elementary School

Art and Science of Wildlife Conservation: Supplies for scientific illustration, Orchard View Elementary School

Digital Art Expansion: Pen tablets/licenses, Forest Hills Eastern High School

FAC Theater Control: Sound/lighting kit, Forest Hills Fine Arts Center

sensory equipment, physical education and art equipment, microscopes, printers, technology, and so much more. "I am incredibly grateful for the Foundation and all of our community who have embraced the Foundation's message," said Dan Behm, superintendent. "Our supportive community helps make our schools that much stronger so that all students can achieve."

The "Innovation Insider"

The first edition of "Innovation Insider" is available to those who would like to read more about what innovation means in education, how the school district is implementing innovative ideas into the classroom, why innovation is important for teachers and students, and how it is making an impact on learning. If you would like to receive an electronic version of this new newsletter, please subscribe by visiting our website at www.fhpsf. org. The sign up is at the bottom of our homepage. "Innovation Insider" is scheduled to be released four times a year.

Save the Dates!

New!

Business Advisory Council Business Breakfast

Tuesday, Jan. 26, 2016, 7:30 a.m. Watermark Country Club

■ State of the District Luncheon

Thursday, May 5, 2016, 11:45 a.m. Watermark Country Club

■ Charlie Anderson Memorial Golf Tournament

Wednesday, June 15, 2016 Thornapple Pointe Golf Club

Forest Hills Public Schools Foundation
Jana Siminski
600 Forest Hill Avenue SE
Grand Rapids, MI 49546
616-493-8954 or jsiminski@fhps.net
www.fhpsf.org

January Registration Begins for FHPS Preschool Programs: Traditional, Spanish Immersion, and Great Start Readiness

Forest Hills Public Schools offers many feebased options for preschoolers. We have both traditional and Spanish immersion preschool programs. In addition, Forest Hills offers the Great Start Readiness Program, free of charge, for qualifying families. The FHPS traditional and Spanish immersion preschools are licensed by the state and run by FHPS. The Great Start Readiness Program is also licensed by the state, yet it is run by the Kent Intermediate School District.

There are two traditional preschool programs for 4-year-olds. One is located at Ada Elementary School, 731 Ada Drive SE, and the other one is located at Knapp Forest Elementary School, 4243 Knapp Valley Drive NE. The Spanish immersion preschool is housed at Ada Vista Elementary School, 7192 Bradfield SE, and offers programs for 3- and 4-year-olds. Transportation to and from any preschool program is the responsibility of the parents/guardians. All preschools follow the Forest Hills district calendar.

For all preschool programs, children must be independent bathroom users. To enter either the traditional or Spanish immersion preschool, children must be 4-years-old by Sept. 1, 2016. For the younger Spanish immersion preschool, children must be 3-years-old also by Sept. 1, 2016.

For Spanish immersion, families can choose between a morning session or an afternoon session, five days a week, for their 4-year-old. The traditional preschool program also runs five days a week, but is only offered in the mornings. The Spanish immersion 3-year-old preschool has only a morning option.

Families can tour preschools during the following events. The traditional preschool open houses are scheduled from 6-7:30 p.m., at Ada Elementary and Knapp Forest Elementary preschools on Tuesday, Jan. 19, 2016. The Spanish immersion preschool open house at Ada Vista Elementary School is from 6-7:30 p.m., Wednesday, Jan. 20, 2016.

Online registration will begin on Monday, Jan. 25, 2016. Families will receive confirmation when the child's birth certificate and \$50 non-refundable registration fee (check, cash or credit card) are received in the child care services office located at 150 Alta Dale, SE. Registrations will continue until all classes are full. Please note that enrollment in the Spanish immersion preschool does not guarantee entrance in the Spanish immersion kindergarten program.

For additional information, visit the child care website: www.fhps.net/child-care or call the child care services office at 616-493-8787.

Great Start Readiness Program

The Great Start Readiness Program is a tuition-free, state grant funded preschool program for qualifying families. The program requires children to be 4-years-old by Sept. 1, 2016. The program is offered through the Kent Intermediate School District who provides oversight for the GSRP classrooms in 18 school districts. Currently, FHPS Great Start preschool programs are housed at Collins and Ada elementary schools. Registration information can be found on GSRP website. Visit http://preschool.kentisd.org or call the Great Start Preschool Intake at 616-447-2409 for more information.

Child Care Services Available; Make Plans for Inclement Weather Days

Have you ever wondered what you can do if school is cancelled due to inclement weather and you need care for your child? The Forest Hills Public Schools child care services provides care on inclement weather days for children registered in the before and after care programs. Please note, that preschoolers are unable to receive care through this program on inclement weather days. On inclement weather days, two child care sites are open for care:

- Central Woodlands 5/6 School (open for child care servicing the following schools): Ada, Central Woodlands 5/6, Thornapple, Pine Ridge
- Northern Trails 5/6 School (open for child care servicing the following schools): Ada Vista, Collins, Knapp Forest, Meadow Brook, Northern Trails 5/6, Orchard View
- Breakfast and snacks are provided. Families need to pack a sack lunch with a drink. Care is available from 6:45 am-6:15 pm. Cost is \$45 per day. Please note that an account needs to be current to receive child care service on inclement weather days.

For additional information, including enrollment information, visit the FHPS website: www.fhps.net/child-care or call the child care services office at 616-493-8787.

Congratulations State Championship Teams!

FHC Boys' Varsity Soccer: MHSAA Division I State Champions



FHC Boys' Varsity Tennis: MHSAA Division II State Champions



Photographs by Jim Hill Photography



Community Services Offers Exciting Classes/Sports This Winter!

Aquatic Classes

Lifeguarding Classes (Age 15+)

Two American Red Cross waterfront lifeguarding classes will be offered this spring:

- Starts Feb. 17 and ends March 23, 2016.
 Course code: 16WPLGT.
- Starts April 13 and ends May 18, 2016. Course code: 16SPLGT.

Both classes meet Monday and Wednesday evenings from 5-8 p.m., and each course meets 11 times. Save \$10 if you register at least seven days prior to the start of the course.

Swimming Lessons for Children

Do you have a child who doesn't like the water, or doesn't know how to swim? Help them be prepared and give them the skills they need. The Aquatic Center offers the American Red Cross Learn-to-Swim program, and swim lessons are on Saturdays starting Jan. 16, 2016, and meet for nine consecutive weeks, ending March 12. Classes are offered at 9:10 a.m., 10:10 a.m., and 11:10 a.m. To register for any swim class and for additional information, visit: www.enjoylearning.com.

Youth Classes and Sports

A variety of new classes and events, as well as perennial sell-outs, are happening this winter to keep youth active, strong, and involved. Here is a listing of some of these offerings. For more detailed information and registration, visit the website, www.enjoylearning.com.

- Girls' Garden Club for fifth- and sixthgraders who would enjoy a mix of yoga, books, dance and creating hair/nail products.
- Civic Theater Presents: "Freckleface Strawberry" for first- through third-graders. If your kids are passionate about theater, they will love this new class.
- Minecraft Modification Boot Camp for students ages 8 to 16. They will learn to modify the popular Minecraft game with programming and various tools.
- Baseball Skills offered through Baseball Concepts, for third through sixth grades. Each week will be a new focus in perfecting your game.
- Basketball for first- and second-graders will begin in January.

Also, there will be classes from Bricks 4

Kidz, Michigan Ballet Academy, Kendall College, Midwest United FC Soccer, Grand Rapids Etiquette, Grand Rapids Fencing Academy, and Peaceful Dragons Self-Defense. These and more will comprise the 2016 new year line up.

Middle, High School Classes

Middle School Water Polo: It is an excellent opportunity for girls to gain polo experience before high school. Participants must be able to swim and tread water; swim team experience is not required. Tournaments will be on Saturdays. Players are responsible for transportation to tournaments. Call Community Services at 616-493-8950 to register.

Middle School Co-ed Tennis: Here athletes participate in the West Michigan Middle School Conference Tennis program. Players are responsible for transportation to the matches and tournament. Practices will take place at the high school courts in conjunction with the middle schools. Call Community Services at 616-493-8950 to register.

ACT Seminar, SAT Seminar: Colleges require the ACT or the SAT college entrance tests as one of the criteria for admission. Our seminars for ninth- through 12th-graders will help students know what to expect and how to efficiently take the exam.

Adult and Senior Classes

Community Services is excited to offer classes from two prominent instructors:

Jeff Large is a entrepreneur who started his own creative company after years of being a language arts teacher and technology specialist. Jeff will teach you how to increase and improve your business's online presence and communications through his classes about podcasts, online portfolios, and small business websites.

Lisa M. Rose is an herbalist, forager, urban farmer and published author who lives in Ada. She has years of food work experience in Napa Valley and Leelanau County and has been part of the local food movement from the ground up. Her classes will include: natural cold and flu remedies, herbal and bone broths, planning an herbal medicine garden, and foraging for wild edibles.

For more information and registration, visit www.enjoylearning.com or call 616-493-8950.

Senior Citizens' Corner Enjoy a Learning Café

Learning Café programs are held at Forest Hills Community Services, 660 Forest Hill Avenue SE. Lunch is at noon; program at 12:45 p.m. Cost: \$8 per person for lunch and program (\$9 for non-residents); \$2 for program only (\$3 for non-residents). Call in your reservation at 616-493-8950 or register online at enjoylearning.com. For a full listing of all Learning Café programs and lunch menus, please call our office to be added to the "Encore Programs Guide" mailing list.

Tuesday, Jan. 12

Music by Christopher Sloan

During this acoustic performance, you'll hear some oldies, patriotic numbers, a few spirituals, and a couple new compositions.

Tuesday, Feb. 9

The Power of Singing

Explore the use of singing to improve your breathing as well as the power of music to recall past experiences. This program is presented by Lindsey Perrault of the Franciscan Life Process Center.

FHPS Community Services Special Event!

An Evening in Paris

Frederik Meijer Gardens Friday, Jan. 29, 2016, 7-9 p.m.

Girls in grades kindergarten through sixth, along with their adult accompaniment, are invited to enjoy this year's "An Evening in Paris" dance. DJ Scott Ptak will spin the music and a light dessert will be served. A photographer will be available.

Make your reservation by calling our office at 616-493-8950 or by visiting enjoylearning.com. Tickets are \$49/couple for district residents making a reservation at least one week prior to the event. Reserve early to ensure your spot!



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Forest Hills Public Schools

6590 Cascade Road SE Grand Rapids, MI 49546

Phone: (616) 493-8800 www.fhps.net



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Forest Hills Fall Sports Athletic Awards

Equestrian

FHC

Boys' Soccer

Anthony Bowie

OK White Conf. Champs MHSAA District Champs MHSAA Regional Champs MHSAA Division I State Champs

(AC, AĎ, AR, AS, Dream Team, Mr. Soccer) Anes Dzidic (AD) Mohameddeg Haji (AC, AD, AR, AS) Jacob Ireland (AC, AD, AR) Jared Ireland (AC, AD, AR) Maxamillian Postlewait (AC, AD, AR, AS, Dream Team) Corey Strawser (AD) Matthew Zadel (AC,

Volleyball

AD, AR, AS)

Veronica Edgar (AC) Madeline Ingraham (ACHM) Kristin Huffman (AC) Reese Weslow (AC)

Football

Dylan Otolski (AC) Tanner Hallock (ACHM) Salim Sidebotham (ACHM) Nickolaas White (AC)

Girls' Golf

MHSAA State Team Tournament Qualifiers OK White Conf. Champs Keaghan Bacon (AC) Novrett Dosanjh (AC) Gabrielle Dykema (ACHM) Kaitlin Knoor (AC) Mackenzie Sobieck (AC)

Cross Country

Girls OK White Conf. Champs

Kathryn Allen (AC) Joshua Ball (ACHM) Susannah Bennett (AC) Amytess Girgis (AC) Allyson Stapleton (AC) Trystan Thaver (ACHM)

Boys' Tennis

Reed Aleck (AC)

OK White Conf. Champs MHSAA Regional Champs MHSAA Division II State **Champs**

Michael Battiste (SC) Humzah Azeem (AC) Connor Genschaw (AC) Peyton Herbert (SC) Jacob Herbruck (AC) Cooper James (AC) Justin James (AC, SC) Aidan Rynbrandt (AC, SC) Timothy Spurlin (SC) Jacob Wiltjer (SC)

Jack Ziegler (SC) Girls' Swim/Dive

MHSAA Team - 3rd Place

Nicole Bailey (AS) Felicity Buchmaier (AC, AS) Nicole Carlson (AS) Allison Fitzgerald (AS) Riley Hofmann (AC, AS) Kaitlind Hooper (AC, AS) Alexandra Horman (AC, AS)

Katelyn Johnson (AC)

Emma Krug (AC, AS)

Jessica Schellenboom

Colleen Kramer

Erin Neely (AC)

Lauren Ryan (AC)

(AC, AS)

(AC, AS)

Morgyn Michaels (AC) Megan Skoog (AC) Bayleigh Tuori (AC)

Girls' Cross Country

Claire Benedict (AC) Anna Bowman (ACHM) Madeline Guter (ACHM)

MIHA District 5 Champs

FHE

Boys' Soccer

Garryn Johnson (AC) Keegan McGonigal (AC) Christian Pham (ACHM) Zachary Robbins (AC) Alexander Winchester (ACHM)

Volleyball

Veronica O'Connor (AC, AR) Julia Mitchell (AR, ASHM)

Football

Conference Co-Champs MHSAA District Champs MHSAA Regional Champs

Samuel Balke (AC) Jackson Clark (AC, ASHM, AST) Joseph Dault (AC, Dream Team) John (Will) Farmer (ACHM) Keegan Golder (AC, ASSM, AST, Dream Team)

Ryan Knight (AC) Chase Krueger (AC) Isaac Leipprandt (ACHM)

Andrew Pawlanta (AC) Caden Peters (ACHM) Jacob Sypniewski (AC)

Girls' Golf

Girls' Cross Country (continued)

Madison Pullen (ACHM) Jamison Reed (AC)

Rachel VanBoxtel (AC,

Boys' Cross Country

Joseph (Cooper) Thieme

Thomas Stever (ACHM)

Boys' Tennis

MHSAA Academic All-State Team

Andrew Bowman (AC. ASHM)

Jay Byle (AC, ASHM) Nicolas Hakken (AC) Randy Smith (AC, ASHM)

Girls' Swim/Dive

Gracie Sleeman (AC)

FHN

Boys' Soccer

OK Bronze Conf. Champs MHSAA District Champs MHSAA Regional Champs MHSAA State Runners-up

Andrew Ashby (ACHM) **Hunter Barrington** (AC, AD, AR, AS) Dante Compean (AC, AD, AR, AS) Diego Compean (AC,

James Elwell (AC, AD) Logan Juth (AC, AD) Cameron Leitz (ACHM) Adrian Miling (AC, AD, AR, ASHM) Hayden Strobel (AC, AD) Brayden Texer (AC, AD, AR, AS, Dream Team)

Volleyball

Meredith Howe (AC)

Football

Connor Bruinius (AC) Eric Ditzhazy (ACHM) Adam Farah (ACHM) Bryce Fraser (AC) Devin Moore (AC) Ian Woodruff (AC, ASHM, Dream Team, Detroit Free Press First Team All-State)

Girls' Golf

OK Bronze Conf. Champs MHSAA Regional Champs MHSAA State Team Tournament Qualifiers

Madeline Goodrich (ACHM) Jaylyn Jann (ACHM) Chloe Johnson (AC)

Madison Reynolds (AC) Brittany Seekell (AC) Kay Zubkus (AC)

Girls' Cross Country

OK Bronze Conf. Champs Katya Bohatch (AC, AR, SQ) Larisa Bohatch (ACHM) Hannah Callahan (AC) Rachel Cornell (AC) Megan Dwarshuis

(ACHM) Samantha Tran (AC, AR, SQ)

Boys' Cross Country

OK Bronze Conf. Champs Abdifetah Ahmed (AC. AR, SQ) Abdurisaq Ahmed (AC) Jack Callahan (ACHM) Ethan Grayeb (AC) David Jamet (ACHM) John Kabera (AC) Owen Purdue (AC) Conor Streng (ACHM)

Boys' Tennis

OK Bronze Conf. Champs MHSAA Regional Runners-up

Boys' Tennis (continued)

MHSAA Academic All-State Team

Marc Anastasiu (AC, ASHM) Scott Anthony (AC,

CC, SRU) David Bacon (AC) Joshua Belfer (AC, CC,

SRU) Alec Berrodin (AC) Herman Cheng (AC) Jacob Dennen (AC,

AA, AS) Andrew Dicks (AC, CC, SRU) Anthony Eyde (AC)

Stuart Hart (AC. ASHM)

Brian McHale (AC, CC, SRU)

Parker Morey (AC)

Girls' Swim/Dive

Ashley Jeffreys (AC, AA, AS) Brooke Perras (AC, AS)

Key:

AC = All-Conference ACHM =All-Conference

Honorable Mention CC = Conference

Champion AD = All-District

AR = All-Region

AA = All-Area

AS = All-State

ASHM = All-State Honorable Mention

ASSM = All-StateSpecial Mention

AST = All-State Team

AAS = AcademicAll-State

SQ = State Qualifier

SRU = State Runner-up SC = State Champion