



FOREST HILLS PUBLIC SCHOOLS  
**Classroom Guidance/Prevention Education Options**  
**Grades K-6**

*All learners achieving individual potential*

Forest Hills Public Schools recognizes that, along with parents and the community, we must encourage children to learn wise decision-making, peer refusal, and friendship skills, along with drug and personal safety rules, to develop the courage to do what is right.

Our elementary guidance program emphasizes prevention through respect and responsibility. It presents drug facts in a developmentally appropriate way using educationally sound techniques, including role-playing, to help children learn to make positive choices throughout their lives.

District policy allows parents to decide whether or not they want their child to participate in programs such as classroom guidance or Project Charlie, which are effective in nature. If parents choose to have their child leave the classroom when these lessons are presented, alternative instruction will be provided for their child.\*

Please indicate your preference for allowing your child to participate in prevention-oriented classroom activities by completing the form below. More details regarding specific lessons in the elementary guidance and prevention education curriculum are available in each school office.

*Please complete and return this form to your school office as soon as possible. If you have any questions, please call your building's School Counselor.*

\_\_\_\_\_ **Option A**

- Conflict Resolution
- Peer Refusal Skills
- Respect for Self and Others
- Developmentally Appropriate Substance Abuse Information (begins in grade 2)
- Friendship Skills
- Wise Decision Making
- Personal Safety
- Reproductive Health (begins in 5<sup>th</sup> grade)

\_\_\_\_\_ **Option B**

- I wish to have my child leave the classroom when these lessons are presented.

Student Name: \_\_\_\_\_ School: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\* *Reproductive health education in Forest Hills begins in fifth grade. Separate information and permission forms will be sent at that grade level.*